## **ADVICE FOR 2026 UNIVERSITY OF MELBOURNE STUDENTS**

Each year we send a survey to the students in their first year of study in Australia or New Zealand. We ask about their university, program, life Down Under, accommodation, and activities outside the classroom.

Keep reading to get all the insider tips taken directly from the survey!

If you don't see your program listed, unfortunately no one from that program responded to this year's survey. We'll be happy to get your insights from next year's survey.

# **Comments & Advice about University of Melbourne**

Program	University Review	Program Review	Advice for Future Students
Dentistry	UniMelb is great. Dentistry building is renovated and new! Lots of student society events. Love to find new restaurants. Only downside is that weather changes quickly. Can go from Sunny to rainy within hours.	Instructors are all well trained professionals. A major component of the course is hands on, and gets introduced early on in the semester. There is a MDSS club and I love to participate in their events.	Don't bring too much clothes and belongings. Student accommodation is small.
Dentistry	Some courses like conservatory dentistry taught very well in first year. Some staff and content is questionable and heavily disorganized. Overall enjoyable experience. Manageable work life balance.	Mix of good and bad instructors. Wish there was more hands on in first year, if haptics was removed that would be great. Course structure is very flexible and manageable. Many club events not exclusive to the school, the city of Melbourne is amazing for free food and events. I love the run club culture here and food! The people are also super nice. Dislike the disorganization of the program and some reluctance for student voices.	Apply, it's free to do so and nothing hurts by just trying.

# Dentistry

Facilities are good, opportunity to get a lot of patient experience.

Hands-on training is good, lots of patient experience, the programspecific club sets regular events which is great for socialising.

It might seem scary or uncomfortable to move so far away but there are so many students in the same position (lots of Canadian students) so it feels like a tight-knit community.

#### Dentistry

The university sits at the heart of the city. Living near campus like I am, I am never more than a 15-minute walk away from anything. There are constant events going on which is great and often has free food. University could have better amenities, but being so close to the heart of the city, you don't have to travel far for anything you need.

The course is a mix of hands on and lecture material. There is lots to cover but they do a great job of easing you into things. The program also puts on tons of events and does a great job at making you feel welcome and meet new people and friends. Instructors for the program can be very hit or miss. You'll have some that are amazing and others that are not so much but likely you usually have many options when you need help. Course is also very self learned in a way. You'll learn much more by trying and failing then watching someone else. Also be prepared to fail some things. I don't think there has been a single person in my program that hasn't failed at least one assessment, but don't let that get you down. There are many opportunities to make up for it and still do great in the course.

Go to all the events. The hardest part about moving across the world is being completely new and not knowing anyone, but you're not alone. Go to all the events. Meet new people. Create new experiences.

#### Dentistry

University is great, definitely has first class libraries and is very easily accessible by public transport. Lots of

Overall, the school is great when it comes teaching as we have really good professors for dentistry, They I would defining pack some jackets because it does get cold here in the winter (June-August). If possible, I

	things to do on university, as they always have events going on for students.	guide you every step of the way and teach you in different ways on how to tackle problems in preclinic. It's definitely not a "they throw you into the deep end" in first year. The school can improve by providing extra hours self practice sessions in pre-clinic.	would definitely buy teeth or skull models as it is super helpful for studying anatomy.
Dentistry	The facilities on campus were fantastic, the staff are very enthusiastic and responsible.	The instructors are very responsible and show care for the students. They gave very specific instructions and suggestions for future improvements. (Especially for conservative dentistry.) The periodontology hands-on training was relatively disorganized. However, pretty good experience overall.	Talk to the senior students, they can give a lot of advice.
Dentistry	Melbourne University is good, students comes from very diverse backgrounds. But the tuition is very high and cost of living are high too.	Expensive, but instructors are nice, program are not very busy in the first year.	Be calm and relax.
Dentistry			
Medicine	The medical building is ok. The rest of the campus is nice. The gym is expensive for students.	The learning is very self-directed with most of the resources being online, pre-recorded lectures, and on top of that you really need to seek out your own resources because the lectures don't actually cover everything you need to know.	Make sure you have a support system either in Melbourne or remotely. It is an intense program and moving across the world is not easy. You will need emotional support as you navigate through first year.
		The placements in first year are just an introduction but they're good to break	

up the intense studying involved in first year.

#### Medicine

UniMelb has amazing facilities, its a world-class city, and public transport is decent within the confines of the CBD. There's plenty of clubs and events to do and the UniMelb med cohort is a pretty tight knit group so there is a lot of things to do to get to know people and get assimilated into Melbourne.

With it being a big city though it may be initially hard to find friends since many people grew up here with the same group, and many of them coming from BioMed in undergrad etc. But if you give it enough effort and with enough time you will come across people that you can be comfortable around!

The lectures at UniMelb MD aren't exactly the best considering how much tuition you are paying for, but the peer tutoring system where the MD2's teach the MD1's and vice versa are really useful and it's honestly the main reason I am able to still be comfortable with the content.

The weather in Melbourne is great, though I've heard some people say Sydney has nicer weather, Melbourne can have random changes in weather Instructors -> great, some solid tutors here and especially on hospital visit days (something unique to Melbourne that other schools don't get right away) you get to learn a lot

Senior students -> something to factor in as well here, not sure about how other schools work, but there is a huge pay it forward mentality here where the seniors (not all of them but a lot of them) will take time out of their day to check in on younger students, run peer tutoring sessions to teach you MD1 content, and just give you advice moving forwards. It's nice to be able to get a perspective from seniors to provide you a more holistic and honest experience that they went through as they have gone through the curriculum

Course structure -> mainly asynchronous online content, so lectures on the website provided by the school (depends on how you want to approach it, but you can either continue to use the in-house lectures) or you can go external and uses Osmosis, YouTube etc. if you find that easier. Personal opinion I think the

Make sure to ask students who are already in the program to get a sense of what the program is really like to get a more unfiltered opinion of whether or not it would be a good idea to apply to Australia/come to Melbourne.

during the day, but honestly if you are coming from Canada where there are frigid winters, you will appreciate the weather here, most days are sunny and warm, there is a winter here but I think it pales in comparison to the tough winters in Toronto.

lectures are too inconsistent and long to be effectively using them as a primary form of learning content, but everyone has their own methods and personal preference once you get here.

#### What I love

-Welcoming environment from seniors, big community here that is always willing to help you out -Its pass fail!! - I believe not every school does this here in Australia, so its something to keep in mind, more schools are switching to this format, but this means that you do not need to worry too much about not being the A\*\* student

-GP placements in first year, you get to go 2 times a month for family medicine placements which can be a hit/miss, depends on your GP, but you get clinical exposure super early if you get a great team, which can be really encouraging and nice to get hands on exposure about

-Hospital days, every month you go once to your allocated hospital to get familiar with some procedural skills that you might end up learning how to do as you go through the later years of clinical rotations and you get to see what it would be like to be at the hospital starting from Y2 onwards

What I don't love

-In-house lectures could really use a lot of work, its understandably being addressed atm, but they haven't changed everything so its going to take a lot of time (My recommendation is to use external resources) once you are comfortable with getting a sense of how they test content etc.

-Scheduling changes, admin can be a bit of a pain sometimes, but I don't think this issue is just specific to UniMelb per say, can sometimes encounter some last min scheduling for tutorials that have no allocated rooms, or weird timings for certain cadavers etc. just be prepared to expected some weird calendar stuff

Medicine

I've really enjoyed my first year in the MD program at the University of Melbourne. The main campus is absolutely gorgeous and there are so many different clubs to get involved in.

My first year of studying medicine at the University of Melbourne has been an incredible experience. In first year, the content is delivered in the format of online lectures, an in-person workshop/lecture each week, as well as clinical skills tutorials and case-specific learning tutorials. The tutorials are great as they give students an opportunity to learn clinical skills and discuss a different case study each week.

I know it can be extremely nervewracking to move halfway across the world to study, but as long as you go into it with an open heart, you will be able to meet the most incredible group of people in one of the most beautiful countries in the world.

Other (Master of Marketing Communications)	Compared to McMaster UniMelb has very boring student life and facilities. I am struggling to have my questions answered. No drop by hours, appointments are everywhere and a few days before. No international student service or immigration advising. Even academic advising is more like a mentorship. Campus is lovely, people are lovely too! Clubs and societies, events on campus are rare and not interesting. Welcome week was disappointing. Gym is older and smaller. Barely any places to eat apart from some franchise ones. Very hard to navigate on campus, find buildings for classes and no campus tours for grad students	Because my undergrad was in a different field it was mostly multiple choice question and tests while here I write a lot of essays, reports and do oral presentations. Even the group assignments are more frequent here. I would say I like my first term, the professors are nice but the whole system is different. Like grading scheme (getting 80+% is very hard), release of the exam date is very late, tutorials are in small groups and in small classrooms with mostly discussions and not solving exercises. Grading takes a long time, I barely have any grades back in October while the term started in July. The courses I am taking right now are all mandatory and foundation ones. I love the content a lot! It is exactly what I was looking for.	Make sure you are ready to move to another country and you have carefully checked all the possible outcomes and course outlines. I wish I could talk to upper years but at the same time everyone here is so different with different expectations and background so I don't think it would make it clearer.
Physiotherapy	The campus itself is very big, with nice facilities. Microwaves are slightly hard to come by for reheating food.	The program is very interesting, but could improve its time management system. I've also found quite a bit of "lackluster" behavior amongst some of my peers.	Be prepared to manage your time personally, and ensure proper physical health is in order.
Vet	Facilities on campus are good, but keep in mind most buildings are closed on the weekend so you may find it best to establish a study spot at home. There are a decent amount of study spaces available both ad lib and bookable.	The program is certainly tough, and a lot of people have found it difficult to keep up with the content. However, it is an expected workload for a DVM course (and it basically doubles in second year), and there is a good	Pack clothes for all sorts of weather and always be ready for a sudden weather change! I also recommend learning some Australian slang beforehand so you're a bit more prepared for how some people talk.

	There's often a shortage of working microwaves throughout the campus except for in the student pav.	amount of animal handling in the first term so it's great if you've got some experience with both large and small animals ahead of time so at least you're comfortable around them when you start your classes. Finding placement especially for production animal is tricky, so try to make friends who are willing to go with you so you can rent cars together or stay in accommodations together. There are lots of program specific events for networking, destress, and socialising. I highly recommend going to all the practicals, though pathology can feel a bit dreary some people find them very useful.	
Vet	The University of Melbourne has amazing facilities, especially those to help international students (financially or otherwise). It has great clubs that you can particularly in to make tons of friends and a lot of great support from the staff as well.	The instructors for the course are very knowledgeable and dedicated, they do everything in their power to help students understand the material we are being taught. The course structure is quite hectic but to be expected with vet school. There are several program specific clubs that you can join and they really help cater to your interests and give you opportunities to meet professionals from your field of interest.	Have an open mind! Making friends is much easier than you think it'll be, Australia is a lovely place with a lot to offer and the staff in the program make the transition very easy and are willing to help in any way you need!
Vet	Beautiful campus, wonderful facilities, loads of gorgeous spots to study, phenomenal coffee options.	LOVE. The program is amazing, the hands-on opportunities are incredible, the teaching staff are wonderfully	Don't be afraid to say yes! Jumping in is the easiest way to figure it out.

supportive, there's lots of opportunities to get involved, and the work is manageable.

# **Advice about Living Down Under**

Top six themes are summarized below, followed by the specific comments for your university!

#### **Prioritize Connection with Home**

- Schedule regular calls with friends and family to manage the substantial time difference.
- Use video/chat apps like Facetime, WhatsApp, or other apps for quick and constant contact.
- Remember that even short chats help to curb homesickness! Short calls or quick texts are worth the time.

#### **Build Local Support Systems**

- Make friends in your program and/or with other international students. They're going through the same challenges, and you can support each other.
- Put yourself out there by talking to everyone, especially within the first few weeks of your program when everyone's looking for new friends.
- Take to others about how you're feeling and your homesickness. They likely feel the same way.

#### **Participate in Activities and Try New Things**

- Join clubs and societies to meet people with similar interests.
- Attend events like orientation week, program socials, etc.
- Explore your city and nearby nature.

#### Prioritize Self-care and Establish a Routine

- Dedicate time for self-care and hobbies outside of school so you have time to recharge.
- Establish a routine to prevent continuous low-level stress from building up.
- Be patient with your adjustment period and trust it will get better.

## **Cultural/Logistical Adjustments are Normal**

- The general lifestyle and culture tend to be similar to North American life which makes adjustment to living in Australia or New Zealand easier for many.
- Australians tend to be friendly, open, and eager to teach you about their culture.
- Be ready for minor differences. Anticipate differences like housing quality and rental processes, more limited store hours, higher cost of living, driving differences, etc.

## **UNIVERSITY OF MELBOURNE**

- Your Canadian friends in the cohort will basically become your family, so definitely go out to all the events to find your crew!
- Make friends who are in a similar position to you (living away from home) because it allows you to explore and try new things together. But of course, make friends with the locals as well as they truly become your family. The time difference isn't as bad as it seems to stay in touch with your family back home. Keep in touch with your friends back home regularly!
- Overall it's pretty similar. The time difference when talking to people back home is hard at first but you get used to it. Also, remember to look right when crossing the road.
- Put yourself out there. There's a lot more people than you think that you will connect with and since you're so far away from home your friends will become your family. Also try to gain some cooking and meal prep skills!
- Making friends and staying connected.
- Besides the school program, build another hobby it can help you making new friends both inside and outside of the program.
- Staying touch with your families, go back home often.
- Just be open to doing new things and embracing the unfamiliar, I think the local students here know that as a international student you might be going through a lot and there's a huge adjustment.
- But if you go in with the mentality that you are willing to try new things and be okay with not being familiar with your environment, you will settle in before you know it.
- Make friends in your local community and continue to stay in touch with family back home.
- Make friends in the first few weeks of the course. And stay in touch with friends and family from home as much as possible.
- Definitely try to live in student accommodation! I met so many people at the orientation day and even made a really great friends!
   Don't overpack especially electronics cause sockets and power is different here. I miss some of hygiene and skincare products so make sure to have everything with you! And Australia does not issue credit cards to people who are not working here at least for some time (was a big surprise for me)
- You will find your group of friends one way or another. Some people are disrespectful, but there are good ones too.
- Try to establish a friend group and/or study buddies keep it active! This was something that really helped with my homesickness, being able to talk about it candidly with my friends who were both from Australia and overseas like me. We have weekly "family dinner" so that we can support each other as best we can!
- The time difference is hard to manage. Try and schedule regular calls home, send snail mail back and forth. Chat to as many people as you can!
- Don't stress too much about making friends because it is much easier than you think and being in university provides you with several opportunities to meet new people. There are multiple clubs that focus on international students to meet each other and help each other deal with homesickness better and make adjusting to their new life easier.

#### **Australian and New Zealand Bucket List**

Wondering what you should see and do Down Under? Here are recommendations from current students!

## **ADELAIDE**

- Glenelg Beach for food and chilling.
- Adelaide has beautiful wineries that are a must visit. The Fringe Festival which happens in February is also a huge bonus of living in Adelaide. It is a month-long festival with shows, music, food, comedy, and more.
- Visit Sydney
- Join your program's student society (at Flinders University).
- Adelaide beaches are beautiful.
- Visit the Adelaide Central Market.
- The other Canadians and I joined Urban Rec flag football team (at Flinders University). It was a great way to take a break from studies and meet new people. There are tons of run clubs around. I did the 12k City to Bat run with the other PT students and it was a lot of fun.
- Go on little day trips down to Second Valley to enjoy the warm weather, watch the dolphins swimming, and go cliff jumping.
- Lots of spots in the city to go out to eat or grab a drink.
- Victor Harbour
- Yorke Peninsula

## **BRISBANE**

- The markets around Brisbane are pretty nice to go to for a day out.
- Brisbane is a nice riverside city and there's many tourist locations here such as the big ferris wheel or just simply walking along the riverbank at night when all the city's lights are on is really pretty.
- Good restaurants in CBD
- Noosa Beach
- Join the Can Med UQ student club! This is a club established just for Canadian Med students--really helpful resource for getting to know people, also offers practice sessions and materials, preparing for rotations and electives back home, putting you in contact with alumni, etc.
- Go to cafes to study (most cafes in Brisbane close at 2)
- Join run clubs
- Attend UQMS events with my friends

- Travel to Gold Coast or Sunshine Coast to explore the beaches
- The footy games are really fun, lots of great workout classes & gyms (especially Pilates)
- UQ Surf Club
- They move the markets in Brisbane, but the west end markets and Milton markets on every weekend are great
- Southbank is beautiful to explore and eat some good food
- Enjoy a beautiful walk from Southbank to Kangaroo Point along the river.
- Felons Brewery is fun, they have trivia nights!
- Noosa and the Gold Coast as super close to Brisbane, few hours train ride (+ transit here is 50 cents each way!)
- Just going around the shopping centres and mall can be fun
- Brisbane River Fire
- Lots of noodle shops
- Just go out and explore your new city! Something I found really fun and exciting was picking a restaurant/cafe to eat at and then having no plans and getting intentionally lost in the city. I have found so many amazing little shops, hole in the wall places that I wouldn't have been able to find just from Google.
- In Brisbane my favourite places to eat are Felons, Regatta Hotel, Sealegs, James and Antler Cafe, & Merlo Coffee.
- My favourite beaches near Brisbane are Bribe Island, Stradbrook Island, and the Spit in Gold Coast (if you are down there you have to eat at the Holy Ship!!)
- Go to as many sport events, res club events, or even just chill in the commons to hangout with people. But in a broader sense, try going to the beach, hiking, bouldering (indoor), and other activities.

# **CAIRNS/TOWNSVILLE**

- Great Barrier Reef!
- Make a day trip to Fitzroy Island to go snorkelling, hiking, swimming with turtles, and do some fun activities.
- Trinity Beach
- For the Muslims, join JCUMAC very fun, support your religion and provide lots of Muslim related events especially during Ramadan
- Visit major cities like Sydney or Brisbane on your breaks
- There are so many good restaurants here, all you have to do is walk through the city to see what you feel like.
- Rusty's Market
- Join JCUSA, JCUMSA and any clubs that interest you.
- Townsville has some beautiful areas but you will need a car to get to them.
- There is Crystal Creek, Magnetic Island which has lots of beaches and forts to explore and you may even sight a koala.

- Climb the Castle Hill, go to the Strand and get Juliette's if you like ice cream.
- Go to Billabong Sanctuary if you want to meet Australian animals and get to hold a koala and feed the kangaroos.
- There are many events in Townsville like IndiaFest and others just take a look at "What's On Townsville" website there are some great events in June.
- I went to Unisports nationals and I couldn't recommend it enough if you are an athlete join a sports you like, it is so much fun.
- There is so many events here in Cairns and clubs to join, get out there!
- Explore beaches a lot, they are beautiful! Nature isn't as scary as people say it is here!
- There are also markets every Sunday morning in Townsville which is fun.
- Join the Social Sports Club. It's just a group of people that go out and play sports, or JCU Run Club.

## **CLAYTON**

- The Gippsland area has so many beaches and trails which I definitely recommend checking out!
- Use the leisure centre to your advantage. You will never find a gym that is as empty as Latrobe leisure centre.
- If you're into sports you can easily book courts and play with your friends.
- Don't neglect Churchill and the many scenic spots it has to offer nearby.
- If surfing is your thing, Inverloch is a great beach and they have a wonderful instructor team to get you on your board and riding those waves.

## **DUNEDIN**

- Go watch rugby games with friends!
- The gym is nice and a great way to destress after class. I love the sauna (84 on Albany in the OUSA) after a long day or a good workout.
- Tons of clubs on campus you can join (go to clubs week to learn about them all!)
- Get close with your flatmates, and don't be afraid to introduce yourself to people when you're out and about everyone else wants to make friends too. :)
- Definitely visit the clubs fair during the first couple weeks of being here. You might make some friends, find a cool club, or snag a prize from some mini games.
- During your winter break and reading week (mid-sem break), head down to nearby cities (ex. Queenstown and Christchurch in New Zealand) with friends as well as make NZ and Australian friends so you have people and places to visit.
- St Clair / St Kilda beach, Brighton beach (outside of Dunedin) (You might see seals!)

- Local hikes (Pineapple track, Mount Cargill)
- Botanic Gardens
- Join any clubs you're interested in (I enjoyed a local club, the outdoors/tramping club, tennis club, and Women in Health Networks / NZDSA for more involvement in the health sector)
- The New Zealand Dental Students Association offers great support to students along with some really fun events throughout the years (such as Dent Wine and Cheese and Dent Ball).
- NZ is really known for their rugby teams, you might be able to catch an All Blacks rugby game if you're lucky.
- Drive to Queenstown by and specially during winter I recommend going to do skiing or snowboarding!

## **FREMANTLE**

- I joined my local RSL which is like the Legion in Canada. It was great how welcoming they were and it was a nice social activity.
- The beaches def!! The weather is very nice and will make you enjoy the country.
- Go to an AFL game! genuinely better than NFL/CFL.
- Take advantage of the beach.
- Do the tourist things in your city!

## **GEELONG**

- Surf Coast
- Great Ocean Road
- Tasmania
- Watch a footy game at Torquay Beach
- Join some of the many clubs at Deakin University
- Visit Melbourne
- There are lots of affordable recreational sports clubs at Deakin/in Geelong, no matter your skill or fitness level. People here are pretty laid back and relaxed so its always a positive environment.
- Lots of nature/animals to see so purchase/rent a car for the best experience.

## **GOLD COAST**

- Currumbin Beach
- Currumbin Wildlife Sanctuary is a must see event and try to go out watching during whaling season it's beautiful!!!
- Burleigh Heads
- Learn to surf
- Visit the beaches (there are so many!)
- Go to the farmers' markets with friends and classmates
- Rock climbing
- Movies
- Parks
- Wildlife reserves
- Bowling
- Golf
- Go for a run/jog/walk
- Beach volleyball (some beaches already have nets set up)
- If you can manage to get tickets to a State of Origin game or the AFL Grand Final, they are a lot of fun. But, it is also fun to get some friends together and watch these games on TV.
- The Bond University Student Hub is a great resource and can be a lot of fun.
- The Queensland Museum and Art Gallery are amazing places to explore and investigate.
- The HOTA market and art gallery is amazing and the gallery is free entry. HOTA markets are the perfect blend of food trucks, fresh produce and meats with some knick-knacks.
- Surfers Paradise is great spot to explore where all the action is and the market is full of jewellery shops. It also has great nightlife.
- Surfers Paradise, Byron Bay, and Sunshine Coast are all great spots to relax and socialize.
- There are plenty of concerts and festivals (Brisbane Festival, Gold Coast Film Festival, local night markets)
- Learn the Australian sports' teams (AFL, NRL, cricket)
- Join GUDSA Club at Griffith University
- Shiro and Yochi are great dessert places
- Lots of great restaurants around Nobby Beach
- Join your program's student society/an academic club and a club of your interest/for fun
- Explore Hinterland National Parks
- Hike Springbrook or Lamington
- Join uni clubs

#### **MELBOURNE**

- There are a couple uni clubs for La Trobe.
- Nice beaches along the East coast.
- Melbourne is one of the best for restaurants, food/drink (best coffee), activities like sports/festivals/music/etc.
- In Melbourne, Republic Economica has great cheap eats and drinks, live music, and pool tables!
- The Brighton beaches are nice.
- Go to Sorrento
- Visit 12 apostles in the summer here as it is beautiful.
- There is so much to do with concerts, F1 races, cricket games, the US open.
- So many restaurants and cafes to try as well!
- Join run clubs!!!
- Run the Tan track
- Melbourne University Sport is where I spend most my free time and would recommend it, especially if you are active and in the gym often like I am.
- University of Melbourne Student Society
- Go to the trampoline park with friends
- Go skiing in the winter at Falls Creek ski resort
- Lots of cafes, brunch spots, just a variety of things to do in Melbourne, just have a search online of what things there are, and watch some YouTube videos of what some tourists do here, there's plenty of things to do!
- Mornington Peninsula has been my favourite so far in Melbourne!
- Language Exchange Club is a nice one!
- I like having lunch at the Yappari Steak house in CBD.
- Great Ocean Road is a must.
- St. Kilda
- Philip Island (penguins!!), Melbourne Museum
- Scienceworks
- Queen Victoria Market

## **ORANGE**

- This is the time to do the things you love; if you can, go enjoy the things you like guitar, hiking, etc.!
- Cliche in university, but get involved with a lot of things and stick with it!!
- Visit Bondi Beach

## **PERTH**

- Join social sports, get involved in the student body, and talk to your professors they want to help! (University of Western Australia)
- Go to the beach or go to a national park around the city! The nature here is very enjoyable.
- Cottesloe Beach
- Swan River
- Common Bakery
- Pronto Pilates
- Rooftop Movie Theatre
- Kings Park
- Six Senses Thai Restaurant
- Daisies Café
- Perth has some pretty good beaches and bakeries
- Getting a Costco membership
- Make friends with an Australian who has a car
- The beaches in Perth are a great way to take a rest from school. Scarborough is my personal favourite but Cottesloe is much closer and is also quite nice.
- Westfield Carousel movie theater is also a great place to go and hang out with friends.
- Western Australian doesn't have as many events and stuff happening compared to larger eastern states, but WAs nature is second to none, so if you're an outdoor person or someone who likes camping and exploring, WA is a great place. Also the beaches here are one of the most beautiful.
- Go watch the footy games
- Take some time to explore the nature of WA on your time off (Albany, Margaret River)

#### **SYDNEY**

- Macquarie has a ton of clubs to join, and I would say if you play a sport at home try to get involved in it over here.
- There are heaps of run clubs to attend (there's a website to look up local ones in Sydney).
- You have to go to the Northern Beaches in Sydney. Narabeen is my favourite spot ever.
- The Blue Mountains roughly 1.5 hours inland is absolutely stunning to hike at. You can drive or take a train to get there.
- Any beach on the coast is beautiful, Chinamans is my current favourite as it's probably the closest one to Macquarie Uni by metro.
- The food here is so diverse and sooo good there's really no going wrong.
- Definitely check out the weekend markets in the city and lots of rugby and cricket happening in the summer months!!
- There are some beautiful beaches in Sydney Manly, Bondi, Coogee to mention a few.
- There are also different sea life sites, such as, Sydney Aquarium.
- If you like wildlife Toranga zoo is a good place to visit.
- The city holds a drone show in September, which is pretty nice. There are many other events that take place in the city go attend those if you can take out time for that.
- Check out Bondi Beach, Manly Beach, The Opera House, Harbour Bridge, take the ferry to Manly Beach and go hiking at Blue Mountains!
- Check out the Sydney CBD
- Paramatta is a decent place to live! It's 1hr train from downtown. And the rent prices are cheap.
- Look for any uni specific clubs that apply to you or may interest your hobbies.
- There are a lot of events organized by dental school reps at the University of Sydney.
- Manly Beach
- There are a lot of really cool trails around Sydney that are definitely worth checking out. The Bondi-Coogee beach walk, Watson's Point to Rose Bay.
- The Australia Museum has free entry to the general exhibits and is a neat way to explore more of Australia's history.
- Sydney is full of museums and festivals and restaurants of any imaginable kind really
- Make sure you make the most the most out your breaks throughout the year. They go by quicker than you imagine but give you an excellent opportunity to explore the cities and nature of Australia be it on a trip to the Great Barrier Reef in Cairns or see the vibrant cultural and artsy scene in Melbourne.
- Sydney's Burwood, Newtown, Chatswood, CBD are all great places for great eats
- Check out Oz-ComicCon if you get the chance as well

#### **Accommodation Advice**

The advice listed below is general advice that can apply to any students moving to Australia or New Zealand, regardless of the university or city to which they are moving. Advice specific to your university follows that list.

- Try to find accommodation before arrival as best you can. A lot of places will want you to do inspections in person only so it can be tough.
- Shared houses are a more cost-effective way to rent. Maybe get a shared house first then look elsewhere.
- Make sure it is close to bus routes if you will be taking relying on public transport. Bikes work well here, but a lot of hills. Electric bikes are very common.
- Much easier to find accommodation on Flatmates.
- I used a service to help me find my apartment, since most places require an in-person inspection. Budget accordingly, rent, groceries, drinks, etc., are all quite a bit more here than they are at home.
- Start looking early.
- Reach out to students early over Facebook to find people to flat with.
- It's difficult to find your first rental as they prefer rental history and employment in Australia. This isn't impossible, and you may need to pay for more months in advance to obtain a nice place.
- Give yourself a buffer of 2-3 weeks to find accommodation that you like. It's important you see it in person and meet anyone you may be living with before you agree. Check out the transit routes and walk ability of the neighborhood to grocery stores and other services. Feeling rushed to find a place is really stressful and you can end up regretting what you chose.
- Use Flatmates or a real estate agent.
- Bring climate gear: Some residences don't have air-conditioning or central heating. A good fan for summer and warm bedding or a small heater for winter will make a big difference.
- Shared living reality: You'll be living with multiple people (often 4-7+), sharing kitchens and bathrooms. Cleanliness depends on you and your roommates, so be ready for cooperation, compromise, and communication.
- Noise and thin walls: Australian student housing walls are often thinner than North American ones. Be prepared for sound travel (and to be considerate of others).
- Pack light, buy local: Big appliances and bulky items can usually be bought cheaply. Don't waste luggage space flying them in.
- Transportation planning: If you don't have a car, learn the bus and train schedules early. They're reliable but not as frequent as in big cities, so planning is key. A bike is also handy for shorter trips.
- Food and cooking: Shared kitchens mean shared fridge/freezer space. Label your food and consider buying storage tubs to keep your stuff organized.
- Community mindset: Residences can feel more communal than private. Get involved in social events and it makes living with others much easier and more enjoyable.

- Budget for extra costs: On top of rent, there may be cleaning fees or bond requirements. Make sure you set aside some savings.
- Use Domain, real-estate.au if you have a group to rent with or want a 1 bedroom. Flatmates is a perfect app if you're looking to move into a shared house that's already established.

UNIVERSITY	OF MELBOURNE	
Weekly Rent (\$AUD with Utilities)	How Long it Took to Find Accommodation After Arrival	Suburb & Building with Reviews
	(% of Melbourne students in that type of accommodation)	
Private Rental	13% — Less than 1 week	Carlton  "It's very close to campus, though it is an old building (so think poor
Min. Reported Rent: \$175	38% — 1–2 weeks	insulation and thin walls). neighbours are friendly, it's very close to all the shops and the major market, as well as public transit."
	38% — 2–3 weeks	•

Avg. Reported Rent: \$413

Max. Reported

13% — 3+ weeks

Rent: \$650

# 123 Pelham Street, Carlton

"It's not good, but because I was lucky enough to find a DDS4 roommate before my arrival. Usually, the only option for most first-year students was the student residence. However, the building itself is good, and close to the campus."

#### Melbourne CBD

"I live in a private rental in Melbourne CBD. It's about a 15-minute walk/10-minute tram to university. It is central to everything; the public transport makes it easy to get around everywhere. Near Melbourne Central and QV so shopping is super accessible. So many restaurants and food options nearby. In-building amenities are great (gym, pool, study room, movie theatre, etc.)."

"The CBD is a bit too busy for me but the public transit is great. The building I'm in is bad, there is always something broken and the landlord tried to scam us multiple times when we first moved in."

#### Melbourne

"It's pretty safe with many good food options and a 15 min or less walk to school. It's also in the free tram zone which is KEY."

#### Southbank

"Yes I would recommend apartments in Southbank since it's cheaper than the city and very close to the CBD in Melbourne."

"Very expensive but is very close to dental hospital, very quick when

	Student-purposed Privately Managed  Min. Reported Rent: \$400  Max. Reported Rent: \$600  Avg. Reported Rent: \$504	60% —Arranged before arrival 20% — Less than 1 week 20% — 2–3 weeks	The Lofts* "Building is great, clean, new, and most things work perfectly. You also can't beat the location. Campus is literally a stones throw away. It's a little more expensive than some other places but I've decided to stay here again for the next year. Worst part is not being able to have friends in the building past 10pm for safety reasons. But on the contrary, the area and building also feels very safe with 24-7 security on sight at all times." "The building itself is nice and clean. It has its quirks, but overall is very close to campus and transit, so connecting to the rest of the city is straightforward." "Nice building, very close to campus, bit expensive for what it is but invaluably close." Iglu "It's a little expensive."
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Carlton

going to lectures."

**On-Campus** 

College / Dorm

100% — Arranged before arrival

Min. Reported Rent: \$620

Max. Reported Rent: \$731

Avg. Reported Rent: \$667

#### The Lofts\*

"Literally right next to uni campus, and right on the Swanston tram line, which lets you go right into the city.

Amenities are good, cleanliness is good because its a graduate student dorm so you don't have to worry about things being too messy. And plenty of restaurants, shops, and groceries stores all within walking distance.

Only downside is it is a bit expensive, but 620 AUD/week includes a furnished room and no utility bill and internet for a studio room so I'd say its a pretty solid deal (comparing it to you finding a 1bed yourself and buying furniture and paying utilities in a privately owned apt)."

"The best accommodation ever! Close to campus (literally in front), safe and quiet. Students here are only grads and it does feel like a big family. We have our own events (from cooking to cultural nights, bowling and bingos)."

\*Students listed "The Lofts" as both on-campus and student-purposed privately managed housing. While not directly on campus, this building is only available to University of Melbourne graduate students and is managed by the University of Melbourne.

#### **General Accommodation Advice for University of Melbourne Students**

- Come to Melbourne 15-20 days earlier than your course start as it is competitive in January to find a place.
- If you're able to spare the time, arrive about a month in advance of your program start to get a rental instead of opting for student accommodation, unless your main value is the convenience. The average budget among my friends renting in 2025 is 1500 (student accommodation shared with 4 people) to 2000 (student accommodation, studio).
- Start early, and don't be cheap on yourself. You have a lot of stuff to worry about upon arrival, and you do not want to live and sleep uncomfortably.
- Schedule a lot of viewings if you are looking for a private rental (even before you fly to Australia). January is peak season so everyone is looking for a place to live and it's really competitive. Set aside 1.5 to 2 weeks to find accommodation.
- Make sure you can visit the accommodation before you move in so that you know what to expect and are comfortable with the place / roommates if any.
- Fairyfloss, Facebook for room shared; Realestate, Domain for apartments.

- Unilodge, The Lofts, and scape are likely the places I'd recommend. Easy to set up and get ready, and close to campus and everything else you might need. I'd say the Lofts is the best location. Scape is the best bang for your buck. And Unilodge is an inbetween of the other two.
- There is an app called Realestate. Can find good rental places.
- Be ready to move for cheaper places, and distance to the city is proportional for rent price.
- Choose the option that gives you the least amount of stress have a specific plan in place, and go for it.
- Close to school is better.
- If you are looking for private accom, make sure to come early, and if you come early even then be prepared to not get your ideal place, lining up for inspections here can be quite hectic and there are a lot of other people wanting to get an accommodation as well. Preferably if you can arrange your accom pre-arrival that's ideal because the stress of having to find a place before the year starts can feel like you have a lot on your plate.
- Search in advance but also don't stress out! It's okay to book and Airbnb and look after arrival as sometimes you really need to visit it in person.

# **Advice About Working While Studying**

The tables below segment respondents' jobs by their program.

## **CHIROPRACTIC**

- I just got started at the Macquarie Ice Rink, it is just finished up being renovated, and we reopen on November 14, 2025. I will probably work around 16 hours per week during the school year, and this would have been perfectly manageable with the schedule in first year. It was very difficult to find a job personally, however I would suggest bringing in resumes and hand them to people in person, along with your online application. My wage will be \$30/hour and \$33/hour when I become a supervisor.
- I transferred from Lululemon Canada to Australia. This allowed me to have work immediately. I work 10-15 hours/week.

#### **DENTISTRY**

- I am an international student ambassador for the school. It's a casual position but has been fun.
- I work two part time jobs! I work between 5-10 hours a week on average. It's super manageable with school, if you have good time-management! One is at a golf course and one is at a golf simulator! (I love to golf and have worked at golf courses a ton back home). I make ~\$25 an hour, and it definitely helps to sustain myself with groceries and weekend trips!
- Private online tutoring which is just 1 hour per week and is CAD\$40/hour.
- I work part-time in the faculty (at University of Otago), doing graphic design for the "sustainability in dentistry" group.
- \$23.50/hour at a restaurant. I work cash and make food at the back. I'm casual, so ranging from 2-8 hours a week.
- Dental assistant, 1 day a week, \$30/hr.

## **MEDICINE**

- I'm coaching kids chess for \$60 an hour for about 1-3 hours a week. Pays for groceries.
- Physiotherapist. 20 hours a week and \$35 an hour.
- I work at Bakery's Delight (in Adelaide) once or twice a week and make about \$30 AUD an hour.
- I work as a casual relief teacher (I was able to convert my teaching degree from Ontario).
- I tutor the MCAT, I work from home, approximately 15 hours a week.
- I work at Specsavers as an optical assistant working about 8 hours/week and as a casual I make \$35/hour.
- I work as a part time tutor at a tutoring centre and as a private tutor. I work about 10 hours a week. My wage for the tutoring is \$40/hour.
- I work at a medical clinic as a receptionist, and I work approximately 20 hours a week and I am paid \$32 an hour on a casual basis.

## **OCCUPATIONAL THERAPY**

• I coach gymnastics once a week. I also tutor online a girl from home.

## **OTHER**

• I work casual in homecare. I have 4 years of experience back in Canada. This sector is in need of staff so if you have experience in this area I highly recommend applying! I work about 20 hours a week and earn about \$1000/week.

## **PHYSIOTHERAPY**

- Very low hours as a first aid responder with a soccer club.
- I work at a middle eastern restaurant as a cook. I work roughly 8 hours a week and my wage is \$32/hour on weekdays and \$36/hour on weekends.
- I work at Lululemon as a sales associate. I work x2/week. My wage is \$33.19/hour.
- I work as an allied health assistant at a physiotherapy clinic. I'm in the hydrotherapy pool helping patients rehab after different procedures. I work 10 hours a week, getting paid between \$38-57/hour.
- I am a soccer coach.
- Support worker.
- Currently an RA at the dorm I'm staying at (at University of Melbourne).

## **VET SCIENCE**

• Work casually with a puppy yoga company and also at a cat shelter, around 10-20 hours a week with wages around \$25/hour.

# **Advice about Transferring Money**

The points below detail the advice provided by respondents about transferring money, grouped by topic. If a point was mentioned several times, such as using Wise, it is only listed once but noted that several students provided that piece of advice.

#### **General Advice about Money and Transfers**

- Don't depend on the bank transfers unless you don't have another option. 3rd party apps like XE Converter often offer a significantly better conversion rate.
- Find the one with the smallest amount of cost. And if you do choose to do the international transfer make sure you send it in large sums.
- Get an Australian bank account, wire money from your CAD bank to AUS account.
- How I transfer money to Australia is through TD bank and Wise. I've setup direct deposit between the two accounts, and whenever I
  need money I send it to TD bank, withdraw with Wise, wait until the exchange rate is good, and bring money over. There is a bit of a
  bottle neck for sending tuition money, and I used Remitly for that instead.
- I did it through my bank, I know some people used Wise but I saw that there was some issues with it. Going directly through my bank allowed me to have the money almost instantly.
- I find Bank Transfers are the easiest for my family and I. There are online transfer systems like WISE which have better rates
- I have an Australian bank account but many Canadian credit cards will give you good foreign exchange rates so you can just spend from your Canadian accounts for most smaller things.
- I personally have found success using a credit card that accurately matches the dollar exchange rate (CAD to AUD). I make 99% of purchases with my Canadian credit card and thus pay it off with my Canadian bank account. You are definitely able to open a bank account here and transfer money from Canada/America to Australia/NZ (although will incur a fee). I would eventually set up an account here especially if you plan on working or needing to take out cash. It is a pretty seamless process. As far as transferring money, many banks have free/cheap transfer rates or you can look into third party apps like "Wise" which makes the process very easy as well.
- I would recommend setting up an Australian bank account within the first week you arrive. That way you can transfer funds to your Australian account and reduce international fees.
- Make sure you double, even triple check the account numbers and SWIFT codes for the account you are transferring to. Also, there are often fees for accepting international transfers so make sure you plan accordingly when sending any funds.
- Open an Australian bank account and get your transfer limit highest you can.
- Some banks have a cheaper fees. Also try to transfer on days where the Canadian dollar is strongest.
- Sometimes third party transfers are not cheaper than transferring with your own bank. Make sure to compare and read the fine lines before you choose which bank or service to use.
- The easiest thing is to open a personal bank account here and transfer through them.

- The money transfer is actually quite fast usually, when I transfer money from Canadian account, it reaches my account in Australia on the same day. I would suggest having a family member keep the some of the loan money in their account and work out with them as to when to send you the amount you need every time.
- There are options for sending direct wire transfers through your bank outside of using Convera although it's strongly recommended to use it, it's not necessary and you don't need to be afraid to go with another option if it means saying quite a bit!
- Transfer in bulk to save on transaction fees.
- Start moving money early as you can only move 10K a week or something like that.
- Apply for OSAP or whatever your provincial loan is, if you qualify it really helps with rent! I am supporting myself entirely through this process (i.e. no parental or family financial support) so working two jobs while I am here, as well as working full-time while I'm home has been necessary but it's doable!
- Make sure you get a bank account that can utilize wise as a payee. This will save you hundreds of dollars maybe even thousands over the course of your time here.
- Get a New Zealand bank account. BNZ is the best, ANZ is also good. Transfer from your home bank to Wise, then transfer to your NZ bank as needed. This gives you the best exchange rate.
- Be sure to have enough cash. Australia charges for credit card fees.
- Using a platform like Wise allows you to transfer the money quite easily, can make a traditional bank account in Aus (recommended long term) or use an online financial institution like Revolut.
- Get comfortable with paying stupid fees to use your card here and they don't have e-transfer here either it's bank account to bank account.
- Yes, use Wise and open an Australian bank as well. Can ask students for a referral code!

#### **Advice About Banks and Cards**

- Don't use TD as they charge every transfer.
- I use RBC, which has free international transfer which has made it so easy, usually comes in a few days.
- Once I set up an Australian bank account it has been really easy to transfer money back and forth just through my banks with no fees (CIBC Westpac).
- RBC currently allows you to transfer money internationally without a fee (I believe it was up to \$12,000 CAD). I am currently using OSAP and my savings to pay for school along with my loan.
- Use an international credit card that has a point system with flights (eg: avion, scene points) so every time you go to buy stuff your collecting points.

#### **Suggested Transfer Services**

- EQ and Wise are your best bet.
- I use PayPal, I found it pretty low fee and very quick processing times.
- I use XE it's pretty good. I usually spend around \$2800 a month.
- Use Bupa.
- Several students noted using Remitly.
  - I use Remitly. My dad has access to my student loan in Canada and he withdraws from it and sends me money as I need it to my Australian account. Remitly has pretty low fees and the transfers process within a day.
  - Using Remitly has been great to get the best exchange rates!
- Several students noted using WISE.
  - I use Wise as the middle man. CAN > WISE > Aus bank.
  - o I use Wise for my personal banking over here as it allows me to easily transfer to the different currencies.
  - o I use Wise which is pretty good, however, you can also use OFX for larger sums.
  - o I used Wise for immediate transfers, but OFX has better rates usually. Keep an eye on the exchange rates.
  - Use whichever money transfer service has the best rate at the time. For me consistently Wise has been the best overall in terms
    of exchange rate and minimal fees.
  - Use Wise and send it in big chunks, especially when the rates are most favourable.
  - Use Wise! easiest and cheapest way to quickly transfer money instantly.
  - o Use WISE! It's a great app for cheap money conversion. Set it up BEFORE you leave Canada.
  - Use Wise, cheaper transfer and conversion fees.
  - o I usually use Wise, I think the transfer rates are slightly better.
  - o I would recommend using the WISE credit card, it's very convenient to send money abroad.
  - o I would recommend using the Wise app as the feed are lower than directly from bank.
  - Set up an account with Wise (Wise app) as they have the lowest cost for transferring money as well as being easy to transfer money from different currencies and countries. I would also suggest looking at exchange rates between CAD and AUD or NZD before exchanging the whole tuition amount into AUD/NZD.
  - Definitely download Wise App before moving here. It is by far the easiest way to convert currency and they give you the best rates.
  - Use an app called Wise, little fees to transfer but depends on your bank it could be cheaper that way.
  - o I don't know a lot, but I do know my parents do this through WISE.
  - o It's better than bank transfer.
  - Use Wise app for cheaper transaction fees.
  - Use Wise as a bank card.
  - It's the cheapest in terms of fees.

- o Using a WISE account was faster and easier than a bank transfer!
- Wise is a great resource and with the conversion rate using your credit card can be a great option.
- Wise is great for transferring money!
- o WISE is pretty helpful for conversions.
- Wise is really good for getting money exchange rates!
- Wise is really useful for keeping track of the exchange rate, and spending is straightforward. I used it as my travel account previously but now I use it for my daily spending.
- Wise is the best.
- Wise is the best option and easy to work with.
- You could transfer money through Wise! It's convenient and has lower transfer fees compared to banks. You can also send large
  amounts of money relatively fast and it is safe to use. Wise is a good party account so you would have to transfer from your
  Canadian account to Wise and then either you can use your Wise card or make another transfer to an Australian account

## **Final Advice from Current Students**

Students were asked if they'd like to provide any final words of advice. Their answers are listed below.

- All the best to all of the incoming students!
- Be prepared to have new connections and experiences! Don't be shy and reach out to others in upper years and in your year.
- Do not underestimate the Aussie sun. Hats and sunscreen are your best friends.
- Don't be scared to take the leap. You will be well supported and you will adjust quite easily.
- Enjoy the city! (Melbourne)
- Dental equipment and uniform that I wasn't aware of the cost and how to find used or ones for cheaper price.
- Find the other Canadians in the school especially the upper years they will be more than happy to help you with everything. There is a large cohort of Canadians in most Australian medical schools.
- For me moving to Brisbane, I packed way too many sweaters and have now since sent them home because it's been very hot!!
- Have fun and make the most of it. Many students just stay home and study.
- Health insurance will not cover most elective surgeries for the first 12 months after arrival so if you have any medical issues you may need an operation for I would do it in Canada unless it can wait another year.
- I DONT REGRET IT AT ALL!! LIVE YOUR LIFE AND DO SOMETHING CRAZY.
- I know OzTREKK doesn't deal with Student Visas, but when you arrive in Australia, make sure to update your personal information (phone number, address, etc.) as soon as possible. There will be a lot happening when you get here, but it is important to have that upto-date so you are always in compliance.
- It's a commitment for sure but if you're willing to make the sacrifices you will have a great time.
- It's a tough transition, but I am finally starting to feel settled in and looking to have an amazing summer here Down Under.
- Goodluck everyone!
- Studio apartments all the way for student accommodation, living in a new country with a bad roommate situation is not the way to go.
- Studying abroad can be a life changing experience but it can be overwhelming. Make sure to have a good support network!
- Take a breath, you made it to med school. Everything else will fall in place.
- This is truly a wonderful opportunity. Moving abroad was never a plan for me when I was little, but this opportunity helped me learn about myself, grow, and become independent. It made me feel confident in myself. Even though everything is new and you are missing home remember that you are brave for taking the leap to study abroad and with time you will enjoy it here.
- Totally recommend coming to Australia to study and especially through OzTREKK.
- Transportation in Adelaide is pretty convenient as there's a train station five minutes away. And the bus is also really good too. There's a mall not too far away, called Marion. It's got a bunch of stores and is my go to place to buy stuff.